# Most trustworthy professions among people of Mirpurkhas

Raj Kumar<sup>1</sup>, Aziz ur-Rehman<sup>2</sup>, Ateequer Rehman<sup>3</sup>

## ABSTRACT:

# Objective:

- 1. To find the most trustworthy profession(s) in the eyes of people of Mirpurkhas.
- 2. To find out the trustworthiness of doctors in the eyes of people of Mirpurkhas.

Study Design: Random Survey.

Place & Duration of Study: Mirpurkhas in 2010.

**Methodology:**206 people from different walks of life were interviewed. This study was approved by the Hospital Research & Ethics Committee (No. 240911/REC/014)

**Results:** 4 most trusted professions were doctors (39%), no one (21%), army (18%) and teachers (13%). 5 professions were trusted by less than 1% and included lawyers, landlords, media, businessmen and engineers.

Conclusions: Doctors are still the most trustworthy profession.

## Introduction:

## Methodology

206 people from different walks of life were interviewed. They were randomly chosen from different locations of Mirpurkhas. No more than 10% of people were chosen from a single profession for interview. Average age of respondents was 32 years (range 22-67). There were 41 (20%) women. This study was approved by the Hospital Research & Ethics Committee (No. 240911/REC/014)

#### Result:

4 most trusted professions were doctors (39%), no one (21%), army (18%) and teachers (13%). 5 professions were trusted by less than 1% and included lawyers, landlords, media, businessmen and engineers.

#### Discussion:

A similar study was conducted in Mirpurkhas by the students of Muhammad Medical College when 41% declared that doctors were most trustworthy. This time the percentage fell from 41% to 39%. Incidentally trust on army went sharply up from 1% to 18%. Lack of trust from any profession actually went up from 15% to 21%. Some of the similar surveys in the west has found nursing as the most trustworthy profession 1,2.

Some of the Australian surveys have also found either nurses or doctors as most trustworthy<sup>3-4</sup>. However, vast majority of surveys have found people of the medical professions as most trustworthy<sup>5-12</sup>.

### Conclusion:

Doctors are still the most trustworthy profession.

#### Reference

- 1.Bajekal M. Health Survey of England: 2000. Characteristics of care homes and their residents 1999, Stationary Office, London.
- 1. Assistant Professor Pharmacology
- 2. Assistant Professor Orthopaedics
- Assistant Professor Orthopaedics
   Institute: Muhammad Medical College

- 2.Harbison J, Cunningham C. Accuracy of case attainment using HIPE data in the St James's hospital sample of the national stroke audit. 2007 Irish Heart Foundation Annual Professional Conference poster presentation.
- 3.Irish Heart Foundation Council on Stroke. Towards Excellence in Stroke Care. Dublin, IHF, 2000.
- 4.National Audit Office, Department of Health. Reducing brain damage: faster access to better stroke care. Report by the Comptroller and Auditor General HC 452 Session 2005-2006.
- 5.Healthcare Commission. Caring for people after they have had a stroke. A follow-up survey of patients. 2006.
- 6.Andersen HE, Eriksen K, Brown A, Schutz-Larsen K, Forchammer BH. Follow-up services for stroke survivors after hospital discharge - a randomised control trial. Clinical Rehabilitation 2002; 16: 593-603.
- Pharmacy Guild of Australia [website]. http:// www.guild.org.au (accessed Oct 2011).
- 8.Harvey K. Pharmacies to push supplements as 'fries and Coke' to prescriptions. The Conversation 2011; 27 Sep.
- National Prescribing Service. Complementary medicines as companion products. http://www.nps.org.au/ topics/companion\_products (accessed Oct 2011).
- 10.Lee CY, George J, Elliott RA, Stewart K. Prevalence of medication-related risk factors among retirement village residents: a cross-sectional survey. Age Ageing 2010; 39: 581-587.
- 11.Expert Committee on Complementary Medicines in the Health System. Complementary medicines in the Australian health system. Canberra: Commonwealth of Australia, 2003: 27.
- 12. Australian Government. Government response to the recommendations of the Expert Committee on Complementary Medicines in the Health System. Canberra: Commonwealth of Australia, 2005: 5. http://www.tga.gov.au/pdf/archive/committees-eccmhsresponse-050309.pdf (accessed Oct 2011).